

Glenshee 9 Hill Race
Scottish Classic Long Race Series
Sunday 9th August 2009 at 12noon
21 miles 6000ft

Name:..... Phone no:.....
Address:..... E-mail:.....
..... Club:.....
..... D.O.B:.....

*circle as appropriate

Sex* Male Female

Age* Senior V40 V50 V60 V70

Please note 3 category AL/AM hill races or equivalent, completed in the last 2 years:

1..... 2.....

3.....

All proceeds to Braemar Mountain Rescue Team

Entry fee £10, please make cheques payable to BMRT

and send (by 3/8/09) to:-

Sarah Hubbard

21 Glenshee Road

Braemar Aberdeenshire

AB35 5YQ

Tel 013397 41385 E mail sarahhubbard@onetel.com

DECLARATION: I confirm that I shall carry all safety equipment as stipulated by the race organiser and

am fit to take part in this event. I realise I am responsible for my own safety during this event. I understand that this race is held in accordance with the rules of S.H.R. I accept that any loss, injury or

damage occurring to me during this race is in no way the responsibility of the race organiser or landowners.

Signed:..... Date:.....